



GODALMING UNITED CHURCH
(Methodist & United Reformed)

SERVICE FOR SUNDAY FEBRUARY 24th 2019 and notices for the coming week

Today's reading includes some of the most known and most used, worldwide, verses in the Bible - the Lord's Prayer. Most known and most used, but it is not only in churches and prayer that these verses have been so important and so used. Throughout history the involvement and influence of the Church and religion has spread throughout many areas of life and on that I dwell today. Are you aware of the importance of the Lord's Prayer in cooking from Medieval times onwards?

My source is 'Consider the Fork: A History of how we cook and eat', written by Bee Wilson and published by Penguin. I quote:

"Cooks have always needed to measure time, one way or another. The kitchen clock is vital but kitchen time pieces were not the norm in medieval and early modern times as we can tell from the number of recipes giving timings not in minutes but in prayers. A French medieval recipe for preserved walnuts requires them to be boiled for the time it takes to say a 'Misere' (approximately 2 minutes). The shortest measurement of time is the 'Ave Maria', 20 seconds give or take. You might say that such recipes reflect the fact that medieval France was a society in which French permeated everything. Yet this timing-by-prayer had a very practical underpinning in an age when clocks were rare and expensive. Like the walnut sized butter, these timings depended on common knowledge."

"Since prayers were said out loud in church, everyone knew the common pace at which they were chanted. If you asked someone to boil and stir the sauce for the time it takes to say 3 Paternosters or simmer the broth for 3 Lord's Prayers they knew what this meant. And so from being otherworldly it was far more sensible advice than some of the more secular examples in written recipes such as "let the solid particles precipitate from the mixture for the time a person would take to walk 2 leagues". The use of prayers as timing devices belonged to the long centuries when cooks had to use deep ingenuity and vigilance to ensure that a meal came out right: cooked but not burnt."

Alan

PRAYER FOR THE WEEK

Dear Lord and Father of mankind forgive our foolish way. Reclothe us in our rightful mind, in purer lives your service find and with deeper reverence praise. Drop your still dews of quietness until all our strivings cease. Take from our souls the strain and stress and let our ordered lives confess the beauty of your peace. Amen.

Today's stewards are

Vestry Steward Alan Steele

Duty Steward Alison Briscoe

(stewards are the people to ask, if you need help before, during or after a service)

Our CLOSED LOOP SYSTEM requires hearing aids to be switched to the telephone or T programme. Recordings of our services are available through the church website, or a CD copy can be provided on request – please ask a Steward.

The Church operates a system of covenanted, planned giving (details of which may be obtained from Nicola Garriock).

There is a children's area available at the rear of the Church which parents and their young children may use during the service.

9.00-10.15am *eMerge* (Fairtrade Sunday breakfast)

10.30am MORNING WORSHIP

Led by Rev Paul Hulme

Music: StF tapes

Hosts: Shirley Williams and Mary Hayes

Sound System: John Drake

Projection steward: Julie Rowling

Call to Worship

HY MN (StF) 69

Ye holy angels bright

Responsive Psalm 837 (StF)

HYMN (StF) 157

God has spoken - by his prophets

Lesson

Matthew Ch.6 v.1-15 (p.970) read by Jean Shepherd

Reader: This is the Word of the Lord

Congregation: **Thanks be to God.**

HYMN (StF) 529

Prayer is the soul's sincere desire

Sermon

Music for Reflection

Prayers and the Lord's Prayer

Collection and dedication of the Offering (*congregation please stand*)

HYMN (StF) 526

Lord of all hopefulness

The Blessing

Everyone is welcome to join us for coffee or tea or a drink
of squash in the River Room after the service.

The flowers today have been given by Barbara and Michael Fabb
for everyone to enjoy. Arranged by Wendy Weston.

There will be a congregational (church) meeting
following the morning service today

Because of the Church Meeting the Traidcraft and Mission Stalls will be
available after the morning service next Sunday 3rd March.

You are **invited to join others this Lent** to reflect on *travelling lightly in the wilderness experience*; for many in our world a daily reality.

We will be meeting **weekly from Friday March 8th** to Friday April 12th
at 1.45 pm for an hour. Everyone welcome - even if you can't attend every
week. For more information please speak to Eileen Macdonald or Margaret
Ireland.

There is a Women's World Day of Prayer Service at Dunsfold Church
on Friday 1st March at 2pm.

Items for the March issue of SPAN should be with Jenny this week and no later than Wednesday 27th February.

The church is open for anyone to call in for private or shared prayer on Friday mornings. All are invited to come for as long as they can between 11.20am and 11.40am to share in prayers specifically for all involved in the change of ministry at GUC.

DIARY FOR THE WEEK UP TO SUNDAY 3rd MARCH 2019

Tues 26th 5.00pm Brownies (*Alison tel: 422841*)

Wed 27th 10.00am Godaltots (*godaltots@gmail.com*)

Thurs 28th

10.30am – 12noon Coffee & Cake at St Mary's, Guildford

4.30pm Rainbows (*godalmingrainbows@gmail.com*)

5.45pm Cubs (*cubs@guc.org.uk*)

7.30pm Scouts (*scouts@guc.org.uk*)

March

Fri 1st 10.30am–2.00pm Church open for private prayer

12 – 1.30pm Lunches

6.00pm Music Kids - (*thekeenenes@btopen world.com*)

Sunday 3rd March

9.00am Holy Communion – Rev Paul Hulme

9.00 – 10.15am Fairtrade Sunday Breakfast

10.30am Morning Worship – Rev Michael Hopkins

ADVANCE NOTICES

Mon 4th 7.30pm Monday Evening group meeting

Tues 5th 2.45pm Ladies Fellowship –Simple Flower Arranging
with Wendy Weston

Fri 8th 1.45pm Lent group – *travelling lightly in the wilderness
experience* – All welcome

FOR FURTHER INFORMATION ABOUT THE CHURCH PLEASE CONTACT:

Minister	Rev Paul Hulme	01483 414 709
Church Secretary	Sylvia	01483 423 261
Pastoral Assistant	Eileen	01483 420 459
Senior Steward	Alan	01483 860 683
Lettings	Jennifer	01483 420 025
Web site address		www.guc.org.uk